

DINGLE PENINSULA WALK

Self-guided walking trail in Dingle 2009



You walk for 7 days following the way marked Dingle Way and connecting trails in County Kerry from Tralee, via Camp, Dingle, Sleah Head, Mount Brandon to Castlegregory. Along green lanes lined with Fuchsia hedges; past peat cuttings and Celtic monuments, this low-level route crosses the Dingle peninsula that juts out into the Atlantic. Your route meanders along the foot of the Slieve Mish Mountains, through a landscape of tiny green fields and scattered cottages. Every corner has a story, from the ancient sagas of Ireland's mythological hero Cuchulainn to the modern folk tales of Kerry writer John B Keane, and in the Irish west there is always time for a tale or a chat. On one day you walk from pub to pub; on another from mountains to a rocky beach with half buried Ogham stones and on another from 'Sweet Annascaul' to 'Delightful Dingle Town'. In Dingle Town you will have the possibility do some shopping or take a boat trip out to see Dingle's resident dolphin.

You will stay in B&Bs along the route. All rooms are en-suite, meals in the suggested restaurants are excellent, and the scenery could not be better.

Your luggage will be transferred and you will be brought back to Tralee at the finish of your tour. You will walk along tracks, with the help of maps supplied and walk description.

Duration:	8 Days (7 nights)
Tour Dates 2009:	ANY DATE (April - October)
Level:	Easy
Equipment:	You are provided with route notes and maps, but correct rain proof gear and walking boots are essential to bring with you.
Accommodation:	Selected B&B's
Meals:	7 Irish breakfasts
Transfers:	Luggage transfers.
Miscellaneous:	Detailed route notes and maps.
Meeting Point:	Tralee, Co. Kerry.
Departure Point:	You depart from Castlegregory.



PRICE 2009:

Price per adult €649.00 per person sharing

All prices are in EURO, and based on per person sharing. Per person sharing means two people in one room.
Single Room supplement is applied when people require a room for themselves as part of a booking of two or more.
Bookings are based on a minimum of two people booking.



DAILY ITINERARY

DAY 1 Arrival.

Arrive in Tralee the administrative capital of County Kerry. On arrival to your first guesthouse, your hostess will give you your full detailed information pack and suggest some of the many local restaurants or pubs for food and possibly music.



DAY 2 Tralee to Camp.

Distance: 16km/12miles Ascent: 250m/750ft

Leave your guesthouse, and walk from there along country roads to join the Dingle Way. You follow this route under the Slieve Mish Mountains before joining what was once an old road to Dingle. Passing a fascinating 8th century church, you then continue to the village of Camp.

DAY 3 Camp to Annascaul.

Distance: 17km/12miles Ascent: 200m/650ft

Today you cross the spine of the Dingle Peninsula to traverse above the wildlife sanctuary of Inch beach and then on green road and hilltop to the picturesque village of Annascaul, where you overnight.

DAY 4 Annascaul to Dingle

Distance: 21km/13miles Ascent: 300m/950ft

Continue along a medieval road to the fishing village of Dingle which is steeped in Irish culture and music and where the locals still speak in the native (Gaelic) tongue. Dingle is a wonderful little harbour town and boasts attractions such as the Marine Centre, Boat trip to see 'Fungi', Dingle's resident dolphin, 52 pubs and attractive craft shops and famous restaurants. The route passes the famous 16th century Minard Castle. Stay for the next two nights in Dingle.

DAY 5 Dingle to Slea Head

Distance: 19km/12miles Ascent: 345m/1,150ft

This days walking is spectacular, taking you via Ventry Beach and along the slopes of Mount Eagle to Sleat Head. This stretch is famous for its concentration of archaeological sites and you will have an opportunity to see some of the “beehive” huts.

DAY 6 Tiduff to Cloghane

Distance: 22km/14miles Ascent: 450m/1,400ft

Transfer to the tiny village of Tiduff, and walk from here across an old military road to the northern side of the peninsula. This is a remote but spectacular walk full of history and inaccessible except by foot. At the shoulder of Brandon is a view of the coast toward Tralee, marked at the highest point by a 3,500-year-old Druid standing stone with Ogham writing still visible on its weathered surface, you will also see more beehive huts on the slope towards Cloghane.

DAY 7 Cloghane to Castlegregory

Distance: 21km/14miles Ascent: 90m/300ft

This is a day's walk on beaches, made interesting by the remains of a 15-century church and graveyard at Stradbelly. Farther along is the Lough Gill wildlife sanctuary and more beach walking around a peninsula before coming to Castlegregory.

DAY 8 Depart

From Castlegregory you will be dropped back to Tralee town by public or private transport within our timetable.

Please be aware that the programme given for this tour is strictly intended as a guide only and may not be fully adhered to. Climatic conditions, safety regulations and travel options may subject the programme to changes and/or modifications without due notice, at any time. In such case, Killary Tours reserves the right to make any necessary decisions.

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